

## High ropes & Quick Flight rules

1. Children must be 6 years plus to be able to use High Ropes or Quick Flight.
2. If your child is between the height of 1.0m & 1.3m, they must be accompanied by a paying adult (18yrs+).
3. If your child is over the height of 1.3m & aged 8 years plus, they are allowed to use the High Ropes course without the assistance of an adult.
4. If your child is 6-8 years old and over 1.0m, they must be accompanied by a paying adult (18yrs+).
5. Please wear clothing with room for easy movement & with no loose clothing/material that could catch on anything.
6. Please wear the appropriate footwear that fully supports the feet.
7. No open-toed footwear is allowed.
8. Please make sure that all hair is tied back securely & not left loose.
9. There is a maximum weight limit of 120kg.
10. No more than one person per element & one person per platform.
11. If you require any assistance during the session, please raise your hand & an instructor will come to assist you.
12. Please arrive five minutes before your session starts.

## Bag Jump Rules

Our Bag Jump allows users to free fall from platforms of varying heights onto giant inflatable bags. This is not for the faint-hearted! No harness, no gear, no safety nets — so who's feeling brave?

- The top platform of Bag Jump is 6 meters high, for those over 14.
- The bottom platform is 2m for anyone over 6 years of age to have a go.

## Climbing Wall Rules

1. Children must be 6 years plus to be able to use our Climbing Wall.
2. Users must be able to fit into the harness. There is a minimum weight of 20kg and a maximum weight of 120kg
3. Please wear clothing with room for easy movement & with no loose clothing/material that could catch on any of the High Ropes course.
4. Please wear the appropriate footwear that fully supports the feet.
5. No open-toed footwear is allowed.
6. Please make sure that all hair is tied back securely & not left loose.
7. If you require any assistance during the session, please raise your hand & an instructor will come to assist you.
8. Please arrive five minutes before your session starts.